

October 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																											
	1 2:20-3:30 Practice	2 2:20-3:30 Practice	3	4 2:20-3:30 Practice	5	6																																																																																											
7	8 Columbus Day No School! Run on your own for 30 min!	9 2:20-3:30 Practice	10	11 2:20-3:30 Practice	12	13 Meet Meet - St. Michael's 5K Donahue Park 10am																																																																																											
14	15 2:20-3:30 Practice	16 Meet Home Meet - St. Thomas Moore - North Stonington w/Pine Point and Sacred Heart	17	18 2:20-3:30 Practice	19	20 Meet Meet - Catholic School Invitational - St. Bernard																																																																																											
21	22 2:20-3:30 Practice	23 Meet 3:45 Meet at Pine Point	24	25 Meet Meet with Sacred Heart at Haley Farm	26	27																																																																																											
28	29	30 Meet Meet at Pawcatuck Middle School	31 Halloween																																																																																														
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